

ST. ANN OF NORMANDY BASKETBALL TRAINING LEAGUE
INFORMATION

- All rules from CYC Basketball rule book will be in effect except the following:
 - Basket heights vary according to grade. K – 7', 1st – 8', 2nd – 9'
 - Fouls (blocking, holding, hitting, pushing, grabbing, charging) will result in a stoppage of play. Fouler will be counseled by official and coach
Fouled team will receive ball at their offensive “no defend” line
No shooting fouls
 - Held balls will result in a stoppage of play
Held/jump balls will alternate possession. Ball at “no defend” line
 - Violations – Traveling, double dribble, turning the ball over (palming) – officials will talk to the players while they are playing, letting them know what they are doing right AND what they are doing wrong, especially in the violation areas. If the player continues to violate a rule after 2 reminders, official will stop play, counsel the player(with the coach’s help if necessary) Then in bound ball at “no defend” line

- Score will not be kept

- 8 minute quarters, running clock, four 1 minute timeouts, five minute half time

- League will provide game ball

- No pressing. The defense may not guard within 10 feet of center court designated by the red “no defend” line.(beginning in week 4, for 2nd graders, the “no defend” line will not be in effect once the offensive team has established position in the front court past the red line

- Whenever a defensive player gets control of the ball, by rebound or steal, the other team must retreat to their defensive end.

- No jewelry for safety sake

- One coach per team is allowed on court

- Help us to make this a great learning program for our players
- Please direct any comments or concerns to the gym coordinator on site
Feel free to share any positive feedback re: refs with them. Concerns or questions – contact site coordinator immediately and notify Stacey Leahy at 314-381-7303.

- Please encourage your team to arrive 15 minutes before game time
We will sound buzzer 4 minutes prior to game time to gather at center court for pre-game instructions and a prayer...Dear God, thank You for the gift of this day,
Protect and guide us as we play. Amen

- Please do not bring “outside” food and drink into gym, with the exception of players. They may bring a beverage for the game
- Please recycle all beverage containers

- If your team can not make it to your scheduled game, please notify Stacey Leahy at 314-381-7303 or 314-799-2020 ASAP. If you wish, we’ll try to reschedule.

- For game cancellation information due to inclement weather, please call 450-4890.